

Corona: the DNA carrier hypothesis

There are many stories and theories about the CoVid virus, but this one is a strange I like to share. It seems to have deep roots, as an extension of Lynn Margulis' "symbiotic evolution" which explains how primitive bacteria developed in more complex bacteria. This seems the strategy of DNA, finding better carriers and this may have led to the Human Race as a good carrier, now busy to annihilate itself. CoVid could be seen as a defense effort, the DNA wants a healthy and sustaining carrier, not the corrupted and unhealthy humans we have become. So the question is whether the (non-human) DNA we carry in our guts is why we as humans are here, or does the DNA serves us and we are the apogee of consciousness development, as many believe.

First the conclusion: people with a corrupted and reduced gut biome (the bacteria, phages, fungi, archaea, viruses and eukaryotic microbes, etc. in your gut) are more prone to develop the disease.

There are microbial inhabitants in other organs and the skin, but the gut contains trillions of them and they are now recognized as a major influence on your metabolism, body weight, propensity to illness, immune system, appetite and mood. The DNA information (and thus the biodiversity) in them vastly outnumbers in fact overshadows that of the human carrying (hosting) them in a kind of symbiotic arrangement. It is assumed that the biodiversity in our guts is essential in surviving as a race.

The theory described here assumes or suggests that we as humans are nothing but the most effective (in the animal world) carrier of this biodiversity treasure, and that life and evolution is all about safeguarding and maintaining this DNA storehouse of information. Other life forms like insects, fish, plants, mushrooms may have a similar task, but they share this task of safeguarding DNA information. Quite a heavy observation, philosophers and theologians may find this totally absurd as it reduces the human race to a beast of burden, a symbiotic slave to a higher purpose quite different from expanding consciousness or finding God or being the apogee of creation.

Bacteria by themselves were among the first life forms to appear on Earth, and are present in most of its habitats and now use the human body too as a habitat. In return they help us to survive, like by producing B12, so they are not parasitic but symbiotic.

The compromised biome is more or less the hallmark of the Western world. Our 'modern' way of living, our technology, our separation from "nature", our symptom only medical paradigm and the loss of connection and cohesion in daily has corrupted many of the natural balances and diseases like cancer, PTSD, autism, etc. etc. are rampant. and it shows in our biome biodiversity. Most people have, by using antibiotics or cortosteroids and maybe other drugs, by eating a limited diet, cooking with microwave, etc. etc. lost much of the diversity found in the guts of more "primitive" or more "natural" folks elsewhere. It is reported that USA guts contain only 5% of the biodiversity of an African living in the bush. Amazingly the CoVid incidence in Africa is far less than in the USA. The biodiversity can be seen as a major pillar helping to overcome or repair mutations.

The corona (Sars/CoVID) virus, according to this theory, exploits this gut biome weakness or deficiency in the guts. It is known that certain bacterial phyla like Enterococcus Faecium (of th Phylum: Firmicutes) are effective as a profylaxe (prevention) against Corona-type viruses in animals (and used as such too, administering probiotics) (but has not been identified by the human Corona research efforts, in fact nearly nobody has looked at the gut biome. E.F. is mostly seen as an antibiotics resistance bacteria and has a bad reputation, but seems to play a pivotal role in immunity).

So it kind of makes sense to look at the absence of such bacteria as a risk factor in contracting Corona. Another conclusion might be, that cultures and countries, where this absence is relatively high (due to the lifestyle and medical practices) the incidence of Corona is higher. The USA is a prime example. This lack of the immunity regulators like E.F. in the gut leads to a low average immunity level in the population and makes it harder to reach the herd immunity level necessary for the epidemic to die out. There is always some level of immunity in a person (but it varies because of food, condition, mood etc.) but the ones with low immunity do drag down the necessary general immunity level for herd immunity. Lock-down does help to separate the weak, and bring the immunity level of the active population to safe levels, but when the lock-down is eased as was the case in the summer in Europe, and the low level ones come back into the general active population, a second wave will happen and probably hit even worse as the first one, although the advances in medical treatment option will limit the number of deaths. Renewed lock-down will seems to help, but a third wave will eventually emerge. The sensible solution is restoring the gut biome (and awareness of way to raise natural immunity with probiotics, but there maybe be many other effective ways to boost immunity), a good vaccine () for those with low immunity levels, if we find ways to identify them (and the gut biome might be a way). General and forced vaccination will damage the immunity system of those now in a good condition, make them prone to other diseases and lead to long term decrease of the general health situation.

Conclusion: the somewhat absurd DNA symbiotic biodiversity theory has interesting links to the actual situation concerning CoVid.

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